



**TRiO**

Washington State 2010  
**TRiO FACTBOOK**



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Washington State  
FACTBOOK  
2010

# What is TRiO?

Our nation has asserted a commitment to providing educational opportunity for all Americans regardless of race, ethnic background or economic circumstance. In support of this commitment, through the Higher Education Act of 1965, Congress established a series of programs called TRiO to help low-income Americans enter college, graduate and move on to participate more fully in America's economic and social life. As mandated by Congress, two-thirds of the students served must come from low-income backgrounds where neither parent graduated from college. The Higher Education Act of 2008 broadened the definition of who is eligible for TRiO services to include: homeless youth, those in foster care, English as a Second Language learners, students with disabilities, and other disconnected students. More than 2,800 TRiO Programs currently serve nearly one million Americans.

The current administration has committed to have the highest proportion of students graduating from college in the world by 2020. Part of that effort includes offering additional financial aid through programs like the Pell grant. While student financial aid programs help students overcome financial barriers to higher education, TRiO programs provide the mentoring/advising support needed to help students overcome academic, class, social and cultural barriers to higher education. TRiO services ensure that educational opportunity and the American Dream remain available for all students in an increasingly competitive global economy and world.

## Programs and Who They Serve.

- Educational Talent Search**  
Grades 6-12 and Adults Up to Age 27
- Upward Bound**  
Grades 9-12
- Upward Bound Math/Science**  
Grades 9-12
- Upward Bound Veterans**  
Grades 9-12
- Student Support Services**  
Undergraduate Students
- Ronald E. McNair**  
Provides Graduate School Preparation for Undergraduates
- Educational Opportunity Centers**  
Adults
- TRiO Training Grants**  
TRiO Professionals



## Purpose

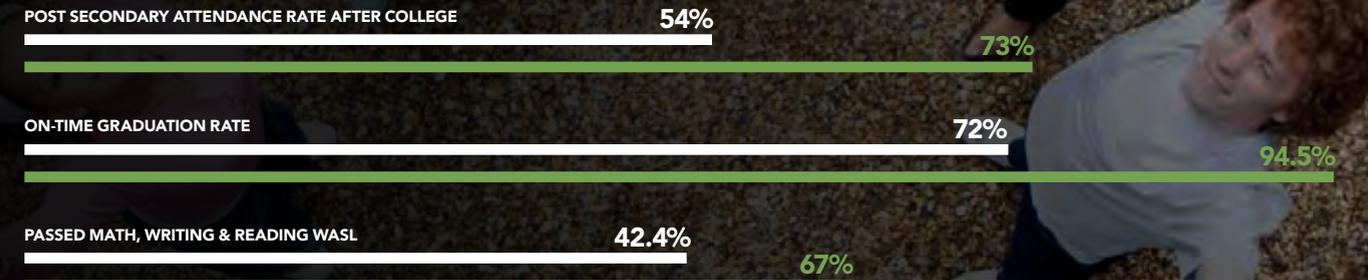
The primary purpose of the TRiO programs is to prepare disadvantaged persons for successful entry into, retention in, and completion of postsecondary education. In general, these programs identify low-income, first-generation college students and students with disabilities and provide them with assistance, support and encouragement necessary to complete a postsecondary education.

## TRiO in Washington State

Currently, there are 56 TRiO Programs funded in Washington State, bringing in over \$17 million in federal funding. As well, the state of Washington has expanded TRiO like services on additional campuses through the WaTEP Program.

# TRiO HAS A SOLID RECORD OF ACHIEVEMENT IN WORKING WITH LOW-INCOME, FIRST GENERATION, AND DISABLED STUDENTS. In Washington...

### PRE-COLLEGE PROGRAMS (EDUCATIONAL TALENT SEARCH AND UPWARD BOUND)



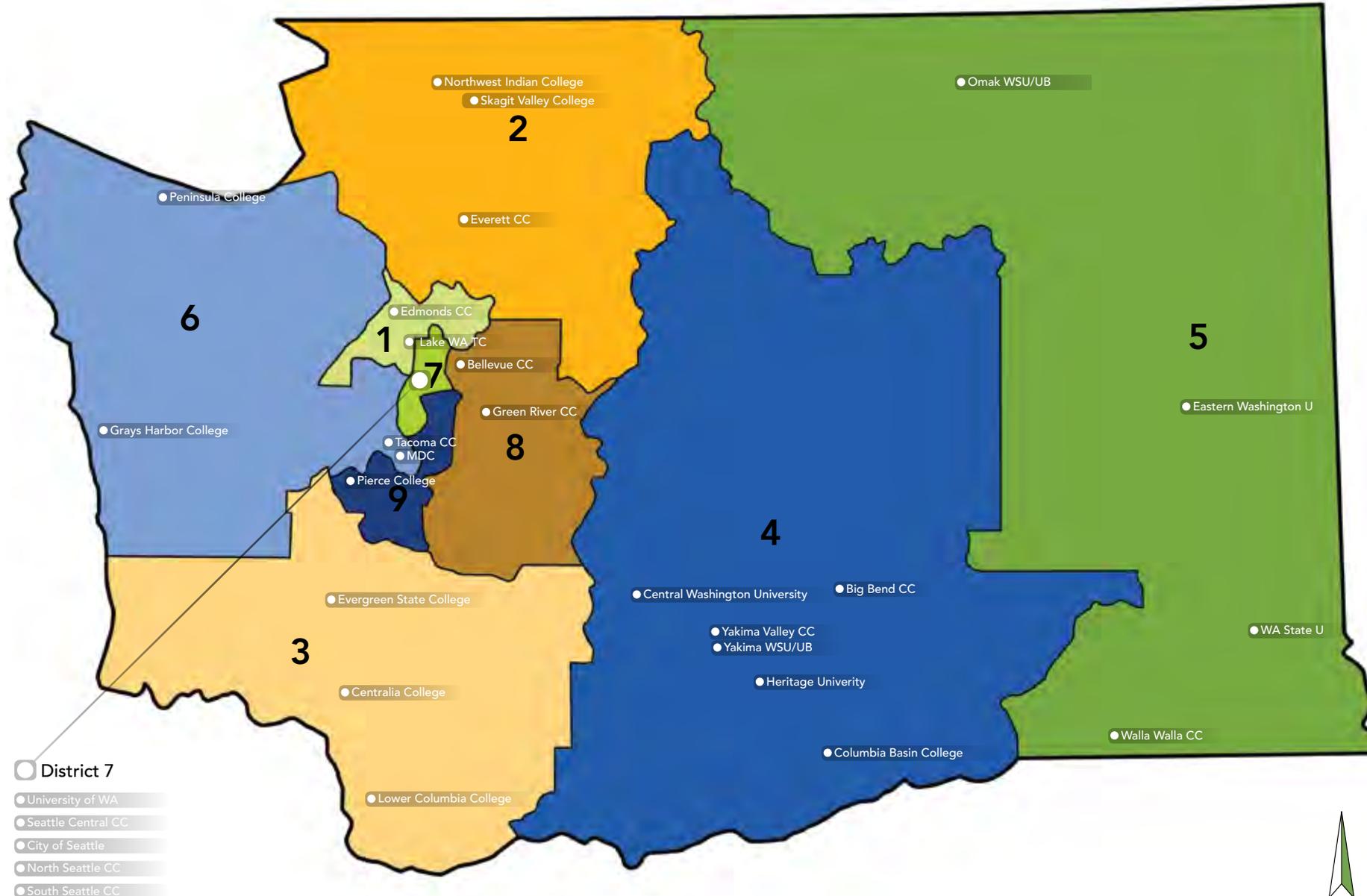
### COLLEGE PROGRAMS (STUDENT SUPPORT SERVICES AND MCNAIR)



GENERAL POPULATION ■ TRiO STUDENTS ■

SOURCES: WSU SOCIAL & ECONOMIC SCIENCES RESEARCH CENTER FOR THE OFFICE OF SUPERINTENDENT OF PUBLIC INSTRUCTION, WASHINGTON STATE GRADUATE FOLLOW-UP STUDY, HIGH SCHOOL CLASS OF 2005 OFFICE OF SUPERINTENDENT OF PUBLIC INSTRUCTION WEBSITE: REPORTCARD.OSPI.K12.WA.US/SUMMARY.ASPX?YEAR=2008-09

# TRIO Programs by Congressional Districts



**District 1**  
 2 TRIO Programs  
 Funding: \$462,880  
 327 participants served

**District 2**  
 3 TRIO Programs  
 Funding: \$901,731  
 635 participants served

**District 3**  
 6 TRIO Programs  
 Funding: \$1,998,428  
 1,462 participants served

**District 4**  
 11 TRIO Programs  
 Funding: \$3,321,789  
 3,332 participants served

**District 5**  
 10 TRIO Programs  
 Funding: \$2,701,922  
 1,570 participants served

**District 6**  
 9 TRIO Programs  
 Funding: \$2,680,969  
 4,509 participants served

**District 7**  
 12 TRIO Programs  
 Funding: \$4,393,893  
 2,420 participants served

**District 8**  
 2 TRIO Programs  
 Funding: \$540,968  
 378 participants served

**District 9**  
 1 TRIO Program  
 Funding: \$231,500  
 169 participants served

**56 Programs**  
**\$17,234,130 In Funding**  
**14,802 Participants Served**



# Educational Talent Search

Purpose: ETS is primarily an early intervention TRiO program serving mostly individuals aged 11-18 to encourage students to complete high school and enroll in postsecondary education. However, ETS programs may also serve high school dropouts to age 27 by encouraging and preparing individuals to re-enter the educational system and complete their education.

## NUMBER SERVED 4,342

LOW-INCOME AND FIRST GENERATION ELIGIBLE **75%**

RETENTION RATE **78%**

GRADUATION FROM HIGH SCHOOL **98%**

COLLEGE READY PARTICIPANTS APPLYING FOR FINANCIAL AID **87%**

COLLEGE READY PARTICIPANTS APPLYING FOR COLLEGE ADMISSIONS **93%**

POST-SECONDARY ENROLLMENT **77%**

## Services

- Academic, financial, career counseling
- Career exploration and aptitude assessment
- Tutorial services and referral
- Information on postsecondary education
- Exposure to college campuses
- Information on student financial assistance
- Assistance completing college admissions/ financial aid applications
- Assistance in preparing for college entrance exams
- Mentoring programs
- Special activities for sixth, seventh, and eighth graders
- Workshops for the families of participants
- Service Learning & Leadership Activities



**Lauren Perez** Centralia College TRiO

## SUCCESS STORY

As a second generation American from a low income family, I knew that we would not have much money for applications and testing fees, not to mention academic camps. But while I was in high school, the Trio staff and programs helped me achieve my educational and life goals and afford opportunities I never would have been able to access otherwise. The program paid for me to attend the University of Iowa's Young Writers Studio, one of the best in the country, and a horseback riding camp in the Orcas Islands. ETS also paid several of my application and testing fees, allowing me to apply to a wider range of universities.

In 2006 I graduated as valedictorian from Pe Ell High School and this coming May, I will be graduating from the University of Southern California with a BA in print journalism, a BA in history (with honors) and a minor in business. I intend to begin a dual degree masters program in historic preservation and urban planning in the fall. I have applied to Columbia, Cornell, Brown, Pratt, UPenn and Boston University and I expect to hear back from them in late March or early April. All of this would not have been possible without Trio's support.

While in college I have tried to give back to the community by tutoring and mentoring students from various inner-city schools in Los Angeles and serving ESL minority communities through historic preservation. I will be returning to the area this summer, before entering graduate school, and during this time I hope to be a part of the Upward Bound program at Centralia College.

2/24 update: Lauren has been offered a full tuition scholarship to Brown University.

# Upward Bound

Upward Bound provides intensive academic support to participants in their preparation for college entrance. Students must have completed the eighth grade and be between the ages of 13 and 19, enrolled in high school, planning to go to college and need the services in order to fulfill their goals. The overall goal of Upward Bound is to increase the rate at which participants complete secondary education and enroll in and graduate from institutions of postsecondary education. Upward Bound programs also provide a six-week summer experience on a college campus to acclimate and prepare students for college entrance.

**NUMBER SERVED 1,235**

LOW-INCOME AND FIRST GENERATION ELIGIBLE **73%**

RETENTION RATE **91%**

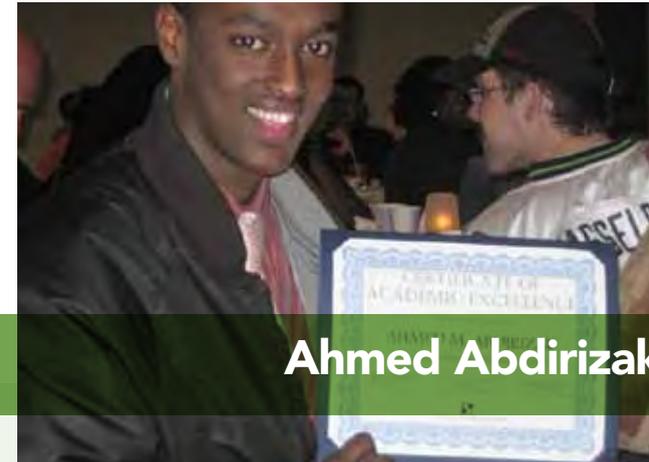
ACHIEVED PROFICIENCY ON WASL MATH & ENGLISH **67%**

POST-SECONDARY ENROLLMENT **69%**

POST-SECONDARY PERSISTENCE **90%**

## Services

- Instruction in reading, writing, study skills, and other subjects necessary for success in education beyond high school
- Instruction in math, laboratory science, composition, literature, and foreign language
- Academic, financial, or personal counseling
- Exposure to academic programs and cultural events
- Tutorial services
- Mentoring programs
- Information on postsecondary education opportunities
- Assistance in completing college entrance and financial aid applications
- Assistance in preparing for college entrance exams
- Work study positions to expose participants to careers requiring a postsecondary degree
- Service learning and leadership activities
- Targeted instruction to improve performance on State standardized achievement tests



**Ahmed Abdirizak** South Seattle Community College

## SUCCESS STORY

I was a student of the South Seattle Community College TRiO/Upward Bound serving students of my alma mater Tyee High School and Evergreen High School. Every year of the program I participated in the 6 week summer program, and the school year class.

The TRiO program has not only helped me, but three other family members of mine. The inspiring faculty and fellow peers of Upward Bound have all contributed to my success thus far. I am thankful to the faculty who would, and still continue to sacrifice their time by staying after school well into the evenings to help students like myself with college applications. The program has been monumental in helping to supplement and further my education on many vital issues such as but not limited to; college application process, pre-college performance and helping to build my self-efficacy.

I am currently in my second year at Western Washington University in hopes to pursue a degree in Therapeutic Recreation and a minor in Education. I have been nominated to be a part of a twenty student cohort out of the '08 incoming freshman class for a leadership scholarship; "The Western Leadership Advantage." After I complete my time at WWU I will as well be alumni of the Karen Morse Leadership Institute. An institute that looks to create, cultivate and produce student leaders who then will become "well prepared to exercise responsible, ethical and mindful leadership in their chosen fields and careers, and in their communities". I am proud to say that I am a product of the Upward Bound program. I am deeply humbled and profoundly gratified of every way this program has impacted my life. I am forever indebted.

# Student Support Services

Purpose: Student Support services programs increase the college retention and graduation rates of its' participants. The program provides opportunities for academic development, assists students with basic college requirements, and serves to motivate students toward the successful completion of their postsecondary education. Student Support Services (SSS) projects also may provide grant aid to current SSS participants who are receiving Federal Pell Grants.

**NUMBER SERVED 5,085**

LOW-INCOME AND FIRST GENERATION ELIGIBLE **70%**

PERSISTENCE TOWARDS COMPLETION OF A DEGREE **82%**

GOOD ACADEMIC STANDING **91%**

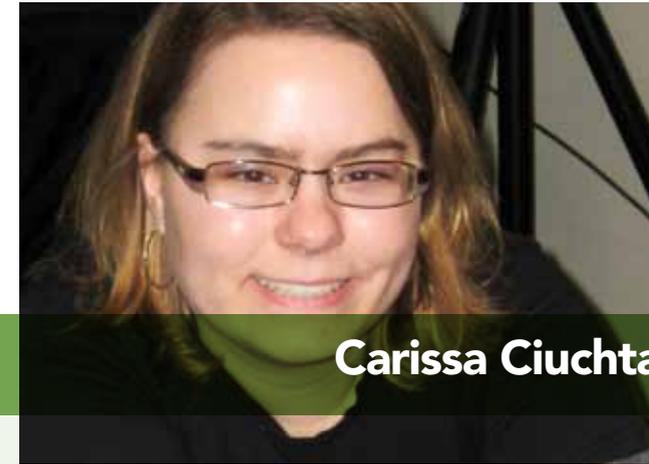
(2 YR COLLEGE) TRANSFER RATE **32.4%**

(2 YR COLLEGE) GRADUATION RATE **62%**

(4 YR COLLEGE) 6 YR GRADUATION RATE WITH BA DEGREE **57%**

## Services

- Instruction in reading, writing, math, and/or study skills
- Tutorial services
- Academic, financial, and personal counseling
- Assistance in securing admission and financial aid for enrollment in graduate and professional programs
- Information about career options
- Mentoring
- Direct financial assistance (grant aid) to current SSS participants who are receiving federal pell grants
- Assistance in securing admission and financial aid for enrollment in four year institutions (those at 2 year SSS colleges)



**Carissa Ciuchta** Lake Washington Technical College

## SUCCESS STORY

**Carissa Ciuchta**, Lake Washington Technical College  
AAS in Multi Media Design and Production  
Current student in LWTC Bachelor of Technology in Applied Design

When I arrived at Lake Washington Technical College, I had no idea what to expect as I had never attended college before. I had been diagnosed as having Asperger's Syndrome and ADHD/ADD when I was in grade 8, but the public school system had not really done a whole lot for me in the way of accommodations as a high school student. When I found out about TRiO Support Services for Students with Disabilities and the tutoring services they offered, I applied to join the program. I was accepted into TRiO in 2007/08 and requested to be tutored in math because it is a subject that I have always struggled in. Because of the tutoring services offered by TRiO, I successfully completed math. I was then inspired to apply to be a tutor for Photoshop, Government, and English classes as I had 3.0 grades in all of these courses. When I needed help in applying for a BA degree, TRiO was there to assist me with the writing process as I had never written an application essay before. Thanks to the assistance I received from TRiO, I am now in a BA program for design and on my way to quickly entering a field that I enjoy greatly.

# Ronald E. McNair Post Baccalaureate Program

Purpose: The Ronald E. McNair program prepares students for doctoral studies through involvement in research and other scholarly activities. Participants are from disadvantaged backgrounds and have demonstrated strong academic potential. Institutions work closely with participants as they complete their undergraduate requirements. Institutions encourage participants to enroll in graduate programs and then track their progress through to the successful completion of advanced degrees. The goal is to increase the attainment of Ph.D. degrees by students from underrepresented segments of society.

NUMBER SERVED 103

LOW-INCOME AND FIRST GENERATION 70%

RETENTION RATE 92%

APPLIED TO GRAD SCHOOL 79%

ATTAINMENT OF BA WITHIN 3 YEARS 92%

COMPLETION OF SCHOLARLY RESEARCH 89%

DOCTORAL DEGREES EARNED 6 STUDENTS



Sheikh Omar Jobe Eastern Washington University

## SUCCESS STORY

### Sheikh Omar Jobe

Ph.D. graduate student

Molecular Endocrinology and Reproductive Physiology

Most students understand that college will be different – and harder – than high school, but many minorities including myself do not realize exactly what those differences and challenges will be. More importantly, there are few academic programs like the McNair Program that attempt to counteract the various visible and invisible barriers minorities encounter upon entry to college. The Eastern Washington University McNair Scholar Program provided a tool and an outlet for grappling with the competitive demands of academics and economics, the needs of family and the search for meaningful relationships. Moreover, the program provided a blueprint and resources to enter graduate school and various tools for retention. Apart from helping us learn about the rigors of life and academia, preparing for the GREs and building presentation skills, the McNair program gave us the opportunity to travel to conferences and meetings for professional development. It is because of them that we always remember that as McNair scholars we are here to contribute to the value of the world and adhere to a deep sense of purpose and ultimately increase the number of minority and underrepresented populations in graduate programs.

## Services

- Academic counseling
- Financial aid assistance
- Mentoring
- Research opportunities, seminars, and summer internships
- Exposure to cultural events
- Tutoring
- Guidance for students seeking admission and financial aid for graduate programs also is supported

# Educational Opportunity Centers

The primary purpose of the Educational Opportunity Center is to increase the number of adult (19+) participants who enroll in programs of postsecondary education. EOC programs may also provide services to youth provided no ETS or UB program exists in the area.

**NUMBER SERVED 4,037**

LOW-INCOME AND FIRST GENERATION

STOP-OUTS ENROLLED IN CONTINUING EDUCATION PROGRAMS

COLLEGE READY PARTICIPANTS ENROLLED IN POST-SECONDARY EDUCATION

COLLEGE READY PARTICIPANTS COMPLETING THE FAFSA

COLLEGE READY PARTICIPANTS APPLYING FOR COLLEGE ADMISSIONS

71%

32%

34%

51%

42%

## Services

- Academic Advising
- Personal counseling
- Career workshops
- Information on post secondary education opportunities
- Information on student financial assistance
- Tutoring
- Mentoring
- Assistance in completing applications for admissions and financial aid
- Coordination with nearby post secondary institutions



**Ruby Aguilar** Central Washington University

## SUCCESS STORY

Education has always been very important in my life. Starting college right out of high school was not only exciting but a terrifying/unknown time in my life. Being a first generation college student put me in a position of having many questions. I was a part of TRIO; through TRIO I was involved with: Student Support Services, College Assistance Migrant Program through Heritage University and the Educational Opportunity Center from Central Washington University. Each program helped me out with answering questions I had, pointing me in the right educational direction, receiving up to date scholarship opportunities and important financial aid deadlines, mentoring, and support which was the most beneficial to me. TRIO really helps me develop a sense of belonging to my University. I earned my Bachelors in Social Work from Heritage University in May 2008. I also have received my Master's in Social Work from Eastern Washington University in December 2009. I am currently working at Comprehensive Mental Health as a Crime Victim Advocate. My ultimate educational goal is to pursue my PhD.

# Additional Programs and Grants

## WaTEP Program

The Washington TRiO Expansion Program is part of a Washington State funded program for first generation, low income and disabled students that provides support for students to finish college. Universities include: Washington State University, University of Washington, Eastern Washington University, Central Washington University, and Western Washington University.

Each program is funded by Legacy Trust funds designated by the Washington State Legislature and the governor's office. In 2007 Governor Christine Gregoire designated \$500,000 for two years to establish TRiO-like programs within these universities.

## TRiO Training Grants

University of Washington TRiO Training is a U.S. Department of Education funded professional development opportunity for TRiO staff. Training is offered under two different priorities established by the Department of Education:

### **PRIORITY 1-UB (for Upward Bound Programs)**

*UB Record Keeping:* Assist participants with identifying effective ways to collect, record and analyze the data that will serve to meet each Upward Bound program's objectives.

*UB APR's: Reporting Student and Project Performance:* Provides Upward Bound personnel with effective strategies for reporting student and project performance to the Department.

*UB Evaluation:* Provides Upward Bound personnel with information and resources on how to conduct formative and summative evaluations in order to improve the performance of the project staff and the project as a whole.

### **PRIORITY 3 (for all TRiO staff)**

*Assessment of Student Needs:* Teaches participants how to assess the needs of their students and how to tailor counseling and support to the specific needs of each student.

*Graduation & Retention:* Presents strategies that have proven results in supporting TRiO projects or projects serving TRiO-eligible students with demonstrated growth in retention and graduation rates.

*Educational Technology:* Addresses different ways that TRiO personnel can use technology to both manage their project and provide services to students, with an emphasis on services to students that utilize educational technology.

# Contact and Additional Information

For more information on TRiO Programs in Washington State and Nationally go to:

## Helpful websites

Washington TRiO: [www.washingtontrio.org](http://www.washingtontrio.org)

NASP: Northwest Association of Special Programs: [www.nasp-trio.org](http://www.nasp-trio.org)

Council for Opportunity in Education: [www.coenet.us](http://www.coenet.us)

US Department of Education TRiO Homepage: [www.ed.gov/about/offices/list/ope/trio/index.html](http://www.ed.gov/about/offices/list/ope/trio/index.html)

## Contact information

Dean Kelly, President of Washington State TRiO Programs

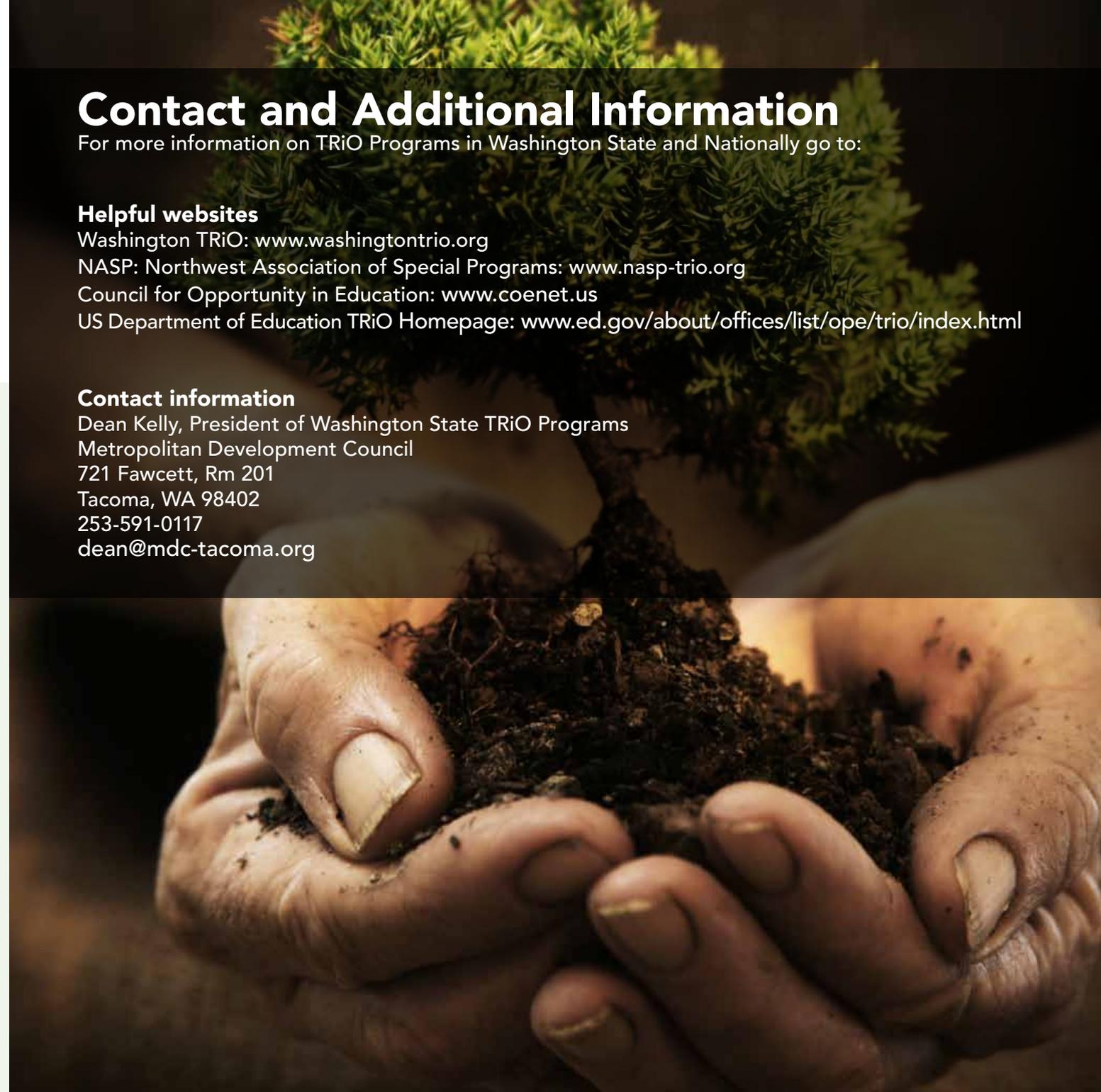
Metropolitan Development Council

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